

# JCTR BASIC NEEDS BASKET

Mongu

September 2019

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	137.40 25 kg bag	2 x 25Kg	274.80
Rice	94.56 5kg	4kg	75.65
Cassava Flour	8.13 1kg	6kg	48.77
(Sweet) Potatoes	12.30 1 Kg	4 Kg	49.19
Beans	23.79 1kg	3kg	71.36
Pounded Groundnut	43.63 1kg	1kg	43.63
Soya Pieces	34.62 1 kg	2kg	69.24
Beef	36.20 1kg	2kg	72.40
Chicken	51.60 2kg	5kg	129.00
Kapenta	143.51 1kg	1kg	143.51
Eggs	13.00 1 unit (10 eggs)	3 Trays (90 eggs)	117.00
Milk (Fresh)	8.10 500 ml	10 liters	162.00
Vegetables	221.78 40 Kg	40kg	221.78
Onion	11.99 1 Kg	4 Kg	47.96
Tomatoes	7.44 1 kg	6 kg	44.63
Banana	11.58 1 Kg	16 Kg	185.31
Other Fruits	19.54 1 kg	14 Kg	273.62
Cooking oil (2.5lts)	58.00 2.5lt	3.6lt	83.52
Salt	6.60 1 Kg	1 Kg	6.60
<b>Subtotal</b>			<b>ZMW 2,119.96</b>

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	82.50 90kg bag(s)	2 90kg bag(s)	165.00
Soap (Lifebuoy/Champion)	8.00 Tablet(s)	3 Tablet(s)	24.00
Wash soap (BOOM)	11.20 400g	4 400g	44.80
Jelly (Vaseline)	19.00 500ml	1 500ml	19.00
Electricity (medium density)	292.00 Month(s)	1 Month(s)	292.00
Water & Sanitation (med - fixed)	210.00 Month(s)	1 Month(s)	210.00
Housing (3 bedroom)	1,000.00 Month(s)	1 Month(s)	1,000.00
Sanitary towels	14.00 Pack of 10	2 Pack of 10	28.00
Toilet Paper (2ply)	6.00 Tissue(s)	6 Tissue(s)	36.00
Lotion (Dawn)	20.00 250ml	1 250ml	20.00
<b>Subtotal</b>			<b>ZMW 1,838.80</b>

## Total for Basic Needs Basket

**ZMW 3,958.76**

## (C) SOME OTHER ADDITIONAL COSTS

<i>Education</i>		<i>Transport (bus fare round trip)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	150.00	Limulunga-Town	16.00
Grades 8-9 (User + PTA/year)	600.00	Manganda-Town	20.00
Grades 10-12 (User+ PTA/year)	600.00		
<i>Health</i>		<i>Fuel (cost at the pump)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Fast Track / High Cost fee	50.00	Petrol (per litre)	15.98
Self-referral (Emergency Fee)	20.00	Diesel (per litre)	14.23
Malaria test	20.00	Paraffin (per litre)	13.02

## (D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
6,327	4,044	3,929	3,959	6,208	5,570	4,721	5,302	3,927	4,970	4,457	5,871	5,317	4,418	4,621.23	4,565

### Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples and Oranges.

This survey was conducted on 27<sup>th</sup> September, 2019 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at town centre market, Imwiko market, mulambwa market, Kapulanga market, central market and shoprite. The September Basic Needs Basket is approximately US\$305 based upon the exchange rate of K13 per US\$ prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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